

## CURRICULUM VITAE



**Name: Dr. Vishva Chaudhary**  
**Date of Birth: 23.07.1988**  
**Assistant Professor**  
**Department of Psychology**  
**University of Rajasthan, Jaipur**  
**Email id: [vishva.leo23@gmail.com](mailto:vishva.leo23@gmail.com),**  
**[vishva\\_psy@uniraj.ac.in](mailto:vishva_psy@uniraj.ac.in)**

- **Academic Qualifications:**

Class / Degree	Year	Subjects/Title/Board	Division
Ph.D	2016	Spirituality As A Predictor of Mental Health, Self-Efficacy, Emotional Intelligence among Adolescents.	
Post Graduate (M.A)	2010	Psychology (U.O.R., Jaipur)	I
Graduation(B.A)	2008	M.D.S.U, Ajmer	I
XII	2005	CBSE	I
X	2003	CBSE	I

- **Teaching Experience: 13 years**

- **Areas Of Specialization:** Clinical Psychology, Social Psychology, Positive Psychology.

- **List of Publications:**

- 16 Research papers published in national and International reputed journals.
- Three Chapters published in books (2 chapters in National and 1 in International Publisher)

➤ **Scopus Publications:**

- Shreya Rathi, Vishva Chaudhary. (2023). Effect of Eye Yoga and Mindful Relaxation Practices on Management of Digital Eye Strain In A Tertiary Care Hospital: A Comparative Interventional Study. Journal for ReAttach Therapy and Developmental Diversities, 6(8s), 40-44. Retrieved from <https://www.jrtdd.com/index.php/journal/article/view/856>.
- Dr. Vishva Chaudhary, Vatsala Sharma. (2023). Psychological Imprints of Color on Mood: A Study on Young Adult Females. Remitances Review, 8(4) 3362-3370.

• **List of Conferences / Symposium / Refresher Courses organized:**

- ❖ Organized a seminar on “Vocational Interests & Career Maturity” in Sophia Girls College, Ajmer (17<sup>th</sup> September 2011).
- ❖ Organized a National Seminar on “Mind and Society: Indian Perspective” in Mohanlal Sukhadia University, Udaipur (30-31 March 2013).
- ❖ Organized 1<sup>st</sup> Indian Congress of Industrial and Organizational Psychology on the topic entitled “Changing Landscape and Future of I/O Psychology” in University of Rajasthan, Jaipur (30<sup>th</sup> – 31<sup>st</sup> January 2018).
- ❖ Coordinated four Induction Programme (for newly recruited Assistant Professors of College Education, Jaipur under RUSA for session 2019-20) at UGC-HRDC, University of Rajasthan, Jaipur.

• **Administrative Responsibilities:**

- Member of Syllabus Committee (Psychology XI & XII Class) Board of Secondary Education, Ajmer (2015 -2018)
- Assistant Director, UGC-Human Resource Development Centre, University of Rajasthan, Jaipur (19<sup>th</sup> Feb. 2018 – 8<sup>th</sup> Feb. 2021)
- Associate Proctor, Proctorial Board, University of Rajasthan, Jaipur (20<sup>th</sup> Feb – 28<sup>th</sup> Sept. 2021)
- Rector, Rajasthan University College, University of Rajasthan, Jaipur (Session 2023-24)

• **Award**

- Bagged **Best Paper Award** in the National Conference by Indian Journal of Psychology and Mental Health under banner of Bharat Psychological Association (2009).

• **Ph.D/ M.Phil Research Guidance:**

- ❖ 2 Scholars awarded with Ph.D Degree. And 2 Scholars awarded with M.Phil Degree

**Orientation/ Refresher Courses/ Short Term Courses Attended:**

- UGC Sponsored Orientation Programme from 9<sup>th</sup> May to 4<sup>th</sup> June, 2016, HRDC, University of Rajasthan, Jaipur
- UGC Sponsored Refresher Course Laws & Human Rights from 4<sup>th</sup> September to 23<sup>rd</sup> September, 2017, HRDC, University of Rajasthan, Jaipur
- UGC Sponsored Refresher Course in Gender Studies from 31<sup>st</sup> December to 19<sup>th</sup> January, 2019, HRDC, University of Rajasthan, Jaipur
- UGC Sponsored Workshop (six days) on “MOOCs, e-content development and Open Educational Resources” from 17<sup>th</sup> August to 22<sup>nd</sup> August 2020, HRDC, University of Rajasthan, Jaipur
- Online Refresher Course in Psychology from 12 April – 26 April 2021, Teaching Learning Centre, Ramanujan College, University of Delhi under the aegis of Ministry of Education / Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching.
- UGC-Approved Short-Term Professional Development Programme on “Implementation of NEP-2020 for University and College Teachers” held from 09-17 September, 2022 (INDIRA GANDHI NATIONAL OPEN UNIVERSITY Staff Training and Research Institute of Distance Education, New Delhi 110068).
- UGC Sponsored Refresher Course in Essentials for Balancing Life: Strategies for Healthy Mindsets from 11<sup>th</sup> December, 2023 to 23<sup>rd</sup> December, 2023 at Malaviya Mission Teacher Training Centre (MMTTC), University of Rajasthan, Jaipur.
- Attended NEP Orientation & Sensitization Programme (Online) from 8<sup>th</sup> January to 20<sup>th</sup> January, 2023 under Malaviya Mission Teacher Training Programme from UGC- Malaviya Mission Teacher Training Centre, University of Rajasthan, Jaipur.

**Dr. Vishva Chaudhary**

**Department of Psychology**

**University of Rajasthan, Jaipur**